

Consent Form for therapy for holistic therapy

Dear Dr

Your patient () seeks to confirm that you as their GP/Consultant are aware that they are seeking to support their health with the use of complementary therapy. This form acts as a record of your knowledge with regard to your patient's health choices.

The Practitioner

Lesley Green MA, BSc (Hons), Dip N Lond, RGN Lic.Ac. Cert. C.B.S is a qualified nurse with over 35 years' experience having held a variety of nursing posts within the NHS, including working as a Nurse Consultant. She now works as a therapist and practitioner based in a clinic in Hartlepool.

Provision of therapies

Acupuncture/Bowen Technique/Fascia Bowen/McLoughlin Scar Tissue Release technique.

Western Medical Acupuncture is based on a medical diagnosis and incorporates evidence based practices to ensure those who receive acupuncture have a safe alternative method of dealing with their ailments. I provide: Body, Auricular, and Cosmetic acupuncture with moxibustion when indicated.

The Bowen technique is a holistic therapy offering a non-invasive hands on approach to aid body balance. It has been found to be an effective soft tissue therapy addressing musculo-skeletal imbalances, also aiding in relieving the symptoms of stress and related problems.

Fascia Bowen technique is a gentle light touch technique which has been found to be a particularly good alternative for clients who are unable to tolerate the regular standard bowen moves. For example people diagnosed with Fibromyalgia. The very young, elderly or frail, terminally ill or disabled have been found to all benefit from this light touch therapy.

The McLoughlin Scar Tissue Release (MSTR) technique is a useful technique for people with post-surgical scars such as:-

- Mastectomy or lumpectomy
- Appendix, gall bladder, other adnominal scars
- Hysterectomy or C Section
- Joint replacement scars-knee, hip or ankle surgical scars

MSTR may also be considered for burn scars, trauma wounds, facial scars, muscle tears and Plantar Fasciitis. It is an innovative, pain-free, natural method of helping to deal with scar related problems i.e. restrictions in the fascia, reduction in blood and lymph flow, weakened muscular strength, reduced flow of energy and inhibited joint movement.

Mr/Mrs/Miss Has expressed a wish to havingto help deal with their condition(s) and support them throughout their recovery journey.

I would appreciate you providing consent in the space below so that their treatment sessions can commence. Please contact me on 07521723699 or email lesleytgreen@gmail.com should you require any further information or visit my website on www.lesleytgreen.co.uk

Many thanks

Lesley Green MA, BSc (Hons), Dip N Lond, RGN Lic.Ac. Cert. C.B.S

Doctor's Details

NAME _____

SURGERY

Date: _____ Signature _____

